

ACTIVITIES, FOOD & DRINK, FACILITIES, POINTS OF INTEREST, BEACHES



.....

SAGRES

• BOOKLET •

.....



www.kichershome.com

A person wearing a green and blue jacket is sitting on a rocky cliff, looking out over the ocean. The sky is filled with vibrant sunset colors, including orange, yellow, and purple. The waves are crashing against the shore, and a coastline with buildings is visible in the distance.

Guide of Sagres

Welcome to an adventure of a lifetime! Prepare to be captivated as we embark on a journey to uncover the wonders of Sagres. Get ready to immerse yourself in portuguese culture, breathtaking landscapes, and unforgettable experiences. Let this booklet be your guide to the extraordinary.



Index

ACTIVITIES.....	5
FOOD & DRINK	15
FACILITIES.....	31
POINTS OF INTEREST	37
BEACHES.....	43





***"Nature is not
a place to visit,
it is home."***



ACTIVITIES



Explore the Wonders of Sagres:
A Paradise for Nature and
Adventure Enthusiasts!

From untouched beaches to
jaw-dropping cliffs, Sagres
offers unique scenery that will
capture your heart.

If surfing isn't enough for
you and you're seeking
an adrenaline rush, our
fishing village offers exciting
challenges like ocean-view
climbing, breathtaking kayak
tours, dolphins watching, and
underwater adventures.

Discover a variety of activities
that will satisfy every taste!



1. Biking

- **VOLTA DO MAR**

+351 910 709 925

info@voltadomar.pt



2. Boat Fishing

- **SOUTH KAYAKS**

+351 920 164 417

info@southkayaks.com

3. Climbing

- **CLIMBING ALGARVE**

+351 910 709 939



4. Coasteering

- **SAGRES COASTEERING TOURS**

+351 968 485 186

info@sagres-coasteering-tours.com



5. Discovery tour

- **SAGRES DISCOVERY**

Off-road tours in off-road vehicles

+351 914104766

sandropatrony@hotmail.com



6. Diving

- **DIVERS CAPE**

Porto da Baleeira,
8650-368 Sagres
+351 965559073
dive@diverscape.net

- **PURA VIDA DIVE HOUSE**

Rua da Pedra Negra,
Baleeira 8650-362 Sagres
+351913210716
+351918426721
puravidadivehouse@gmail.com

7. Dolphins watching

- **SEAXPLORER SAGRES**

Porto da Baleeira, 8650-368 Sagres
+351 918 940 128
+351 282 625 059
info@seaxplorersagres.com

- **MAR ILIMITADO**

Porto da Baleeira, 8650-368 Sagres
+351 916 832 625
+351 916 832 625
hello@marilimitado.com



8. Fitness spaces

- **THE IRON WAVE GYM**

Boxing and fitness class

<https://www.theironwavegym.com>

- **U. NATURAL ALGARVE**

Brazilian workout method - Bodyweight

- Breathing Techniques.

instagram: @u.naturalmethod



9. Horseriding

- **CARRAPATEIRA EXTREME TOURS**

E da Praia, 8670-230

+351 963095990

+351 963095996

carrapateira.extreme@gmail.com



10. Kayak tours

- **SOUTHKAYAKS**

+351 920 164 417

info@southkayaks.com



11. Massage

- **STAY FEET SAGRES**

FootReflexology & Massagetherapy

+39 3396698829

alecorsa3@gmail.com



13. Photoshoot

- **MASSIMO PARDINI PHOTOGRAPHY**

+351927557423

massimopardiniphotography@gmail.com

- **Clicksfromportugal**

Relaxed & Fun Photo Sessions in Natural settings Algarve



12. Paragliding

- **PARAGLIDING WITH NELSON**

Pilot: Nelson Pacheco

+351 910994451

voollivre.algarve@gmail.com



14. Skate lessons

- **CASA BIOTA**

SkateHouse

Rua da Taipa and Rua dos Maia, 8650-

364 Sagres, Portugal

+351 966 513 481

info@casabiota.com



15. Snorkeling

- **SOUTHKAYAKS**

+351 920 164 417

info@southkayaks.com



16. Sup tours

- **ALGARVE SUP TOURS**

+351 968 485 186

info@algarve-sup-tours.com

- **SUP SAGRES**

+351 912 113 009

info@supsagres.com



17. Surf coaching, video analysis & surf skate lessons

• SURFFLOWTRAINING

Joao Muniz

@Surf Flow - Surf Training & Yoga

+351 918601579

Pipasportcenter@gmail.com



18. Surf lessons

• BEGINNERS & INTERMEDIATE

We cooperate with many local surf schools. To book your lessons please ask the staff:

+39 3663370714



19. Trekking

- **WALK IN SAGRES**

www.walkinsagres.com



20. Watershoot

- **GIANCARLO FORTUNA**

Chasing waves and capturing moments

gianca.fortuna@yahoo.it

+393488988383



21. Winetasting

- **MONTE DA CASTELEJA**

Monte da Casteleja
Lagos, Algarve, PT
+351 282 798 408
+351 91 782 90 59

- **ARVAD WINE**

Soc. Agrop. Rio Arade,
8400-167 Estômbar, Portugal
+351 968 494 049
geral@arvad.pt



22. Yoga & Breathwork

- **MANDALA life & yoga**

Rua da poente, 8650-378 Sagres
+39 911 868 124

- **YOGATAIO**

Breathwork Techniques
taiomagita@gmail.com
+39 911 868 124

- **YogaWithMarilina**

Yoga by the ocean
yogawithmarilina@gmail.com



***"Food is not rational.
Food is culture, habit,
craving, and identity."***



FOOD & DRINKS

Food is art, and food is love.
We should show love and
appreciation for those who
prepare it by eating it with relish

- **TRADITIONAL** **16**
 - FISH GLOSSARY
 - TRADITIONAL DESSERTS
- **BAR & PUB** **20**
- **SPECIAL** **22**



• TRADITIONAL

*"Cultures grow
on the vine of
tradition"*



VEGETARIAN FRIENDLY



VEGAN FRIENDLY



GLUTEN FREE



CATAPLANA

1. Carlos

RESTURANT

€€

R. Cmte. Matoso, 8650-357 Sagres
+351 282 624 228



CALDEIRADA

2. Adega dos Arcos

RESTURANT

€

R. Roça do Veiga, 8650-350 Sagres
+351 960294290

3. Escondidinho

RESTURANT €

Rua Vale das Silvas, 8650-359 Sagres
+351 282 625 278



GRELHADA DE PEIXE

4. A Sagres

RESTURANT €€ - €€€

Av. Infante D. Henrique, Sagres
+351 282 624 171

5. Talizé

RESTURANT €

Praça Da República, 8650-357 Sagres
+351 912 075 748

6. A Sereia

RESTURANT €€

Porto de Pesca da Baleeira, 8650-368
Sagres
+351 282 109 682

7. A Tasca

RESTURANT €€ - €€€

Porto da, 8650-357 Sagres
+351 282 624 177

8. Vila Velha

RESTURANT €€ - €€€

Rua Patrão Antonio Faustino,
8650-385, Sagres
+ 351 282 624788
+351 917 128402



CATAPLANA



9. Museo do Percebe

MARISQUEIRA

€€ - €€€

R. de São Vicente 3, 8650-356 Sagres
+351 910 184 102

10. Sítio do Forno

RESTURANT

€€ - €€€

Praia Carrapateira, Carrapateira
+351 282 973 914



BACALHAU A BRÁS

11. Ribeira do Poço

RESTURANT

€€ - €€€

Praia Carrapateira, Carrapateira
+351 282 973 914

12. Zavial

RESTURANT

€€ - €€€

Praia do Zavial, Raposeira,
+351 282 639 282
+351 916 855 981

13. Sebastiao

RESTURANT

€€ - €€€

Rua Serpa Pinto 32, Raposeira
+351 282 639 034

"Along with its natural beauty and pristine coastline, the area of Sagres is ideal for enjoying Algarve's delicious seafood-prominent regional cuisine.

In the local cuisine, much of the fish and shellfish are either grilled, fried or mixed together in various types of stews.

They are usually made with garlic, onions, peppers, tomatoes and either potatoes or rice."

• FISH GLOSSARY

- **Tamboril:** Monkfish
- **Carapaus:** Horse mackerel
- **Sardinhas:** Sardines
- **Peixe Galo:** John Dory
- **Camarão:** Shrimp
- **Gambas:** Prawns
- **Ameijoas:** Clams
- **Mexilhões:** Mussels
- **Ostras:** Oysters
- **Percebes:** Gooseneck barnacles
- **Buzios:** Welks or sea snails
- **Polvo:** Octopus
- **Chocos:** Cuttlefish
- **Moreias/enguias:** Moray



- **TRADITIONAL
DESSERTS**

*"The best
algarvian
sweets"*



Bolacha de Alfarroba

The Algarve has the perfect climate and soil for the development of the carob tree and can be said to be one of the world's top three producers of this rich raw material



Pastel de nata

It was created by monks at the Jerónimos Monastery and has a certified origin. The original recipe is called Pastel de Belém, produced exclusively at the Fábrica dos Pastéis de Belém, in Lisbon, and is based on ingredients such as eggs, milk, sugar, lemon and cinnamon.



Doce Fino

These small cakes, detailed in a variety of shapes, are made with almond paste and filled with egg jam. They are believed to be of Arab descent.



Queijinhos de Figo

Queijinhos de Figo are made with figs, almonds, sugar, chocolate, "fire water", cinnamon and fennel. They were born as a way to reuse the dried figs, harvested at the end of September, exposed to the sun to dry with the almonds. Another reason for its creation has to do with the fact that it has a long duration of consumption.



Dom Rodrigo

It was created to please the Governor and Captain of the Algarve, Sir Rodrigo de Menezes, hence the name of the sweet. It is made with egg strands, ovos moles, almond kernels, sugar and cinnamon.

"We recommend that you try one of these desserts in a typical pastry shops of the country. Perhaps accompanied by a good espresso (bica)."



• BAR & PUB

*"Time you
enjoy wasting
is not wasted
time."*



VEGETARIAN FRIENDLY



VEGAN FRIENDLY



GLUTEN FREE



1. Dromedário

PUB

€€

Rua Comandate Matoso, Sagres
+351 282 624 219



2. Água Salgada

PUB

€€

Rua Comandate Matosso 8650 - 357
Sagres
+351 282 624 297

3. Pau de Pita

PUB

€€ - €€€

Rua comandante Matoso, Sagres
+351 282 624 903



4. Pasteleria Vila Mareta

BAR €

Tv. Santa Catarina 4, 8650-324 Sagres
+351 914 180 932



6. O Perceve

PUB €€

Avenida Comandante Matoso, Sagres
+351 282625000



5. Santo Loco

SHOP & COFFEE €€

**Surf / Skate / Coffee shop /
Events & more**

Sítio do, R. do Tonel, 8650-376 Sagres
@SantoLoco Sagres



7. Dory

MUSICBAR & STREETFOOD €€

R. Cmte. Matoso 76, 8650-357 Sagres
+351 924 714 240



8. Laundry Lounge 🌱🌾

LAUNDRY & BAR

€€ - €€€

**Laundry | Breakfast | Lunch |
Dinner & Cocktails | Sushibar**

Rua da Nossa Senhora da Graça s/n
8650-369 Sagres
+351 282 075 392

9. Picnic 🌱🌾

BAR CAFFÈ

€€€

**Sourdough | specialty coffee |
natural wines | craft beers | cool
magazines**

Estrada Nacional 268, 8650-355
Sagres
+39 282 144 343



10. Three Little Birds 🌱🌾

BAR & RESTAURANT

€€ - €€€

**Feel good Bar & Restaurant |
Soulfood & Streetfood | Drinks &
Music**

R. do Mercado, 8650-372 Sagres
+351 282 624 432



11. O Cultural 🌱

BAR & RESTAURANT

€€

**Homemade food by an Argentine
chef**

Café Centro Cultural, Praça da Tanega-
shima S/N, 8650-432 Vila do Bispo
+351 932 154 253



12. Alice

ICE CREAM SHOP & BAR

€€

**Ice cream | Laboratory | Coffee |
Authentic Italian Ice Cream**

Rua de São Vicente s/n,
8650-370 Sagres
+351 920 160 693



14. Zig Zag

BAR

€

Rua do Mercado Municipal, 8650-421
Vila do Bispo
+351 282 639 330



13. Izzy's Market

VEGAN CAFFÈ

€

**Sale & consumption of organic
and natural products, promoting a
healthy and sustainable lifestyle.**

Loteamento Municipal Senhora do
Amparo, Fracção A, , No. 5, Lote 13, Vila
do Bispo, Portugal
+351 282 639 153



15. Favo

BAR & RESTAURANT

€€

**Food | Drinks | Music |
Culture | Art**

Sítio de Joinal, Lote 7, 8650-281
Hortas do Tabual
+351 913 466 969



• SPECIAL

"The only constant in life is change"



VEGETARIAN FRIENDLY



VEGAN FRIENDLY



GLUTEN FREE



1. Fermento

RESTAURANT

€€ - €€€

**Mediterranean food | Natural wines
and fermented drinks |
Authentic cuisine | Local food**

R. de São Vicente, 8650-370 Sagres
+351282011963



2. Carme

RESTAURANT

€€ - €€€

Mediterranean food

Curva do Beliche, 8650-390 Sagres
+351 963 918 039



3. The Hangout

FILTHY GOOD FOOD

€

Filthy good Food The Hangout is filthy good Food and Good Music in Sagres, Portugal. Tattoo Studio with Constance

R. Cmte. Matoso 75, 8650-357 Sagres
+351 966 050 494

4. Arte Bianca

PIZZERIA

€€

Pizzeria Gourmet & Italian Kitchen

Rua da Mareta 8650 – 372 Sagres
+351 282014022



5. Bossa Brew House 🍷

PUB RESTURANT

€€ - €€€

Tapas bar, restaurant & craft beer

Rua da Mareta, Sagres, Portugal

+351 918 624 566

6. Pisco 🍷 🌿

RESTURANT

€€ - €€€

**Natural fuel | Real pizza | Veg
cuisine | Clean wines at the end
of the world**

R. Cmte. Matoso 2, 8650-413

Vila do Bpo.

+351 282 096 741



7. Sítio da Pedralva

RESTAURANT

€€ - €€€

Restaurante de comida portuguesa inserido numa aldeia tradicional reconstruída | Bacalhau no pão "à Pedralva"

R. de Baixo, 8650-401 Vila do Bpo.
+351 282 639 342



8. Holi Diwali

INDIAN RESTAURANT

€€ - €€€

Avenida do Infante D. Henrique EN268,
Sagres, 8650-355 Sagres
+351 282 624 697



***"Feel at home.
Any comfort you need is
behind the corner."***



FACILITIES

Feeling at home



1. Laundry

- **LAUNDRY LOUNGE SAGRES**

R. da Nossa Sra. da Graça, 8650-369
Sagres
+351 282 075 392

- **INTERMARCHÉ**

R. da Escola das Cercas Velhas, 8650-
366 Sagres
+351 282620080

- **LAVADEIRA DA VILA**

R. Ribeira do Poço 32, 8650-400 Vila
do Bispo



2. Canteen

- **INTERMARCHÉ**

R. da Escola das Cercas Velhas, 8650-
366 Sagres
+351 282620080
12:00-15:30



3. Pharmacy

- **FARMÁCIA DE SAGRES**

R. Cmte. Matoso, 8650-357 Sagres
+351 282 624 850

- **FARMÁCIA VILA DO BISPO**

R. Ribeira do Poço 11, 8650-426 Vila
do Bpo.
+351 282 639 166



4. Supermarket

- **SPAR SAGRES**

R. Cmt. Matoso, 8650-350 Sagres
+351 925975645

- **INTERMARCHÉ**

R. da Escola das Cercas Velhas, 8650-366 Sagres
+351 282620080

- **LIDL VILA DO BISPO**

N268 1, 8650-428 Vila do Bispo
+351 210207000

- **ALDI**

EM1265, 8650-421 Vila do Bispo



5. Market

- **MERCADO 25 DE ABRIL**

R. do Mercado A, 8650-372 Sagres
Open from Monday to Saturday from
8 am to 1 pm

- **MERCADO MUNICIPAL DE VILA DO BISPO**

Rua do Mercado Municipal,
EM1265, 8650-421 Vila do Bispo
Open from Monday to Saturday from
8am to 1pm



6. Info Tourist Point

- **TOURIST OFFICES**

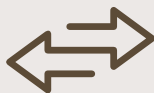
Rua Comandante Matoso 8650-357
Sagres
+351 282 624 873
turismo.sagres@turismodoalgarve.pt



7. Bus Station

- **REDE EXPRESSO BUS STOP**

R. Cmte. Matoso 75, 8650-357 Sagres



8. Transfer

- **ALGARVE SW TRANSFERS**

+351 935578967

+351 935579443

booking@swtransfers.info



9. Post Office

- **ESTAÇÃO DOS CORREIOS
de VILA DE SAGRES**

Rua Commandante Matoso, 8650-998
Sagres

+351 282 624 890



10. Luggage Transfer

- **VICENTINA TRANSFERS**

vicentinatransfers.pt

+351 927 616 213



11. Social Club

- **CLUBE RECREATIVO INFANTE DE SAGRES**

Rua Comandante Matoso, s/n 8650-357, Sagres (Faro)
+351 282625120
crisagres@gmail.com



12. Surfboard Rental

- **BOARD TRADER ALGARVE - SAGRES SURF SHOP**

Surf Shop & Beer Garden | Rentals | Buy, Sell & Trade | Beer & Beverages | Events
R. Jaime Conde 32, 8650-382 Sagres
+351 282 625 159



13. Bike Rental

- **MARETTA SHOP**

R. Cmte. Matoso, 8650-357 Sagres
+351 931 940 711

- **SAGRES BICYCLE AND COMPANY**

Estrada Nacional 268, 8650-355 Sagres
+351 918 471 545

- **WAVES AND RASCALS**

Surfshop in Sagres where cycles, surf and art get together | E-Bike rentals
R. Cmte. Matoso S/N, 8650-357 Sagres
+34 608 28 44 48



***"If the ocean can calm itself,
so can you. We are both
salt water mixed with air."***



POINTS OF INTEREST



Wondering what to do while
you're in town?

These are the top things to do
in Sagres

*"Only going places
that spark joy."*



1. Cabo Sao Vicente

The lighthouse on Cabo de São Vicente is the brightest one in all of Europe. For miles it shines into the infinite widths of the Atlantic on the Portuguese coast, which forms the south-westernmost point of Europe.



2. Forte do Beliche

The Beliche Bay is the transition between the south and west sides of the country. At one end stands the fort and next door, located on the cliff, is the chapel of Santa Catarina, ordered built by the Infante D. Henrique.



3. Fortaleza

The ancient Promunturium Sacrum is located on the promontory of Sagres, long a mystical place for sailors, where there is evidence of a sanctuary dedicated to Hercules, one of the heroes of Greek mythology who symbolized man's struggle against the forces of nature, or to Saturn, God of Time, son of Heaven (Uranus) and Earth (Gaia). This is a place rich in historical testimonies, awarded by the European Union, in 2015, with the European Heritage Label.

• FORTALEZA DE SAGRES

Rua da Fortaleza 8650-360 Sagres
+351 282 620 140
fortaleza.sagres@culturalg.pt



4. Ponta da Atalaia

Atalaia Point is one of the ends of Sagres Point, located between Mareta Beach and "Porto da Baleeira".

It forms a small peninsula where, in the 12th century, Ibn Qasi built the Atalaia ribat, an Islamic religious complex with several mosques and a madrasa.



5. Pontal da Carrapateira

Viewpoint on the Costa Vicentina near Vila do Bispo with a great panoramic view over the beaches of Bordeira and Amado. It can be reached by off-road vehicle or walking from both beaches named above.



6. Miradouro

Viewpoint on the Costa Vicentina near Vila do Bispo with a great panoramic view over the beaches of Cordoama and Castelejo. It can be reached by off-road vehicle from Vila do Bispo, or on foot as a rewarding detour from the well-known long-distance trail of the Rota Vicentina (Fishermen's Trail).



7. Porto da Baleeira

Here you can see traditional fishing boats moving and local fishermen working.

- **Porto de Pesca da Baleeira**



8. Museu de Vila do Bispo - Celeiro da História

- **VILA DO BISPO MUSEUM**

Sítio das Eiras, 8650-405, Vila do Bispo
+351 927 193 677



***"The ocean stirs the heart,
inspires the imagination
and brings eternal
joy to the soul"***



BEACHES



This may very well be the best part of this place.

"Discover the beaches of Sagres!"



1. Baleeira

Praia da Baleeira is a small beach next to the fishing port of Sagres. From the beach you can see the bay of Sagres. The beach is also quite close to the city. The beach itself is a bit rocky. Nevertheless, it is good to see when walking in the area

Facilities:

- Restaurant
- Plenty of parking space



2. Martinhal

Praia do Martinhal is a beach located east of Sagres. It is one of the largest beaches in the area. Martinhal beach can be recognized by the small islets in front of the beach. You can visit these islets by boat, which is a great experience.

Facilities:

- Restaurant
- Toilet
- Water sports
- Sunbeds
- Parking
- Lifeguards



3. Tonel

Praia do Tonel is characterized by a large rock in the water that looks like a lion or a submarine. Visiting this beach is a very unique experience, the waves can get quite big here, which makes the beach very popular among surfers. The sand is soft and the beach is clean. However, near the entrance of the beach you can see many small pebbles and stones.

Facilities:

- Bar
- Toilet
- Water sports, especially surfing
- Parking
- Lifeguards



4. Beliche

Praia do Beliche is surrounded by impressive 40 metres tall cliffs on both sides, forming a wonderful small bay. It has a feeling of remoteness and unspoiled nature. Its scenery is really magnificent.

The spectacular cliffs protect the beach from the wind. Especially winds from the north and east are blocked by the cliffs. Praia do Beliche is very well sheltered, which is nice because Sagres is very windy!

Facilities:

- Bar
- Toilet, on top of the cliff
- Water sports
- Sunbeds
- Parking
- Lifeguards



5. Castelejo

Praia do Castelejo, part of the Southwest Alentejo and Costa Vicentina Natural Park, has a stunning beauty where the black slate rocks contrast with the golden sand.

Facilities:

- Bar
- Restaurant
- Parking
- Toilet



6. Cordoama

With a long stretch of sand that at low tide is connected to the neighboring beaches of Castelejo and Barriga, Praia da Cordoama is part of a beautiful stretch of coastline extended a slightly further north than Cabo Sao Vicente

Facilities:

- Bar
- Restaurant
- Parking
- Toilet



7. Bordeira

Praia da Bordeira is a beach on the west coast of the Algarve, near the villages of Carrapateira and Bordeira. The beach is very large and has a secluded atmosphere. It is very popular with surfers and nature lovers. From this beach there is actually a beautiful walk south along the cliffs to Praia do Amado. This is highly recommended

Facilities:

- Water sports
- Parking
- Lifeguard



8. Amado

Praia do Amado is a beach near Carrapateira and still part of Costa Vicentina Natural Park. Known for its amazing waves, it attracts many surfers. The beach is surrounded by beautiful cliffs. On the northern side, the rocks have beautiful colors ranging from red, ocher to pink. These are a wonder of nature! A big plus is that these cliffs protect the beach from the north winds

Facilities:

- Bar
- Toilet
- Water sports
- Sunbeds
- Parking
- Lifeguards





*"Dear guest,
This booklet is our gift to you.
We put our passion and love
every day to make the best
out of your experience with us.
Sagres has a magnetic effect
on people connecting them
with their most remote and
deepest corner of their soul.
This is also the reason why
Kicher's Home exist: at
the very first visit here, the
owner immediately felt this
connection and decided to
make this place his home.*

*By making this guide we
really wanted to share our
enthusiasm and knowledge
with you. We hope that we
achieved our goal and
especially that you enjoyed
the reading."*

Andrea & Alessia



May your journey through Sagres be filled with unforgettable moments and cherished memories.

Have a safe travels and enjoy every breathtaking experience this beautiful destination has to offer!



SCAN ME
DOWNLOAD THIS BOOKLET



www.kichershome.com